



ZUMBA®



Fuse hypnotic Latin and international music with easy-to-follow dance moves to create a *one of a kind* fitness program that will blow you away and make exercise fun again!

INSTRUCTOR:

Caroline Wall

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## **WHEN?**

Mondays/Wednesdays

6:00-7:00pm

Saturdays

8:00-9:00am

*Interested in a Tuesday or  
Thursday class? Contact the  
Stonington COMO at  
(860) 535-2476.*

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WHERE?

Stonington COMO Annex (next
to Thrift Shop)

FEE:

\$65/10 classes or \$100/20
classes; Drop-In \$10

Register at Stonington Human
Services, 166 South Broad Street,
Pawcatuck, CT—Mon-Fri from
9am-4:30pm.

Call (860) 535-5015 for more
information.

